

Wochenübersicht: Kurse im großes Wasserbecken

Mo	Di	Do
10:45 - 11:30 WGO	12:30 - 13:15 WGO	09:15 - 10:00 WGO
11:40 - 12:25 WGO	13:25 - 14:10 WGO	11:05 - 11:50 WGO
13:05 - 13:55 WGO		12:00 - 12:45 WGO
14:00 - 14:45 WGO		



Farbbedeutung:
Rehasport

Wochenübersicht: Kurse im Therapiebecken

Mo	Di	Mi	Do	Fr
09:15 - 10:00 WGO	09:15 - 10:00 WGO	09:15 - 10:00 WGO	09:15 - 10:00 WGO	09:15 - 10:55 Aquafitness in der Schwangerschaft
10:10 - 10:55 WGO	10:10 - 10:55 WGO	10:05 - 10:50 Aquafitness Senioren	10:10 - 10:55 WGO	10:00-10:20 Probestunde Aquafit
11:05 - 11:55 WGO	11:05 - 11:50 WGO	11:00 - 11:45 WGO	11:05 - 11:50 WGO	10:30-11:00 Rheumaliga
12:00 - 12:20 Probestunde Aquafit	13:05 - 13:50 WGO	11:55 - 12:40 WGO	13:05 - 13:50 WGO	11:05 - 11:55 WGO
12:30 - 13:00 Rheumaliga	14:00 - 14:45 WGO	14:00 - 14:45 WGO	12:00 - 12:45 WGO	12:30 - 13:15 WGO
13:35 - 14:20 WGO	15:15 - 16:00 WGO	14:55 - 15:40 WGO	14:00-14:45 WGO	13:25 - 14:10 WGO
14:30 - 15:15 WGO	16:00 - 16:45 WGO	15:50 - 16:35 WGO	14:55 - 15:40 WGO	14:20 - 15:05 WGO
15:25 - 16:10 WGO	16:55 - 17:40 WGO	16:40 - 17:00 Probestunde Aquafit	15:50 - 16:35 WGO	15:15 - 16:00 WGO
16:15 - 17:00 WGO	17:50 - 18:35 WGO		17:00 - 17:45 WGO	16:10 - 16:55 WGO
	18:45 - 19:30 WGO		17:55 - 18:40 WGO	17:00 - 17:45 WGO
	20:00 - 20:45 Aqua Body Complete			17:55 - 18:40 WGO



Farbbedeutung:
Rehasport
Aquafitness



Wochenübersicht: Kurse im Pavillion 2. OG

Mo

14:55 - 15:40
Rehasport

18:05 - 18:50
Rehasport

19:00 - 19:45
Rehasport

Di

12:30 - 13:15
Rehasport

Mi

10:00 - 10:45
Rehasport

10:55 - 11:40
Rehasport

Do

09:00 - 09:45
Rehasport

10:50 - 11:35
Rehasport

